

My Robertson Millpond Pack

A Resource for Visitors on the Autism Spectrum



My Robertson Millpond Pack

Instructions:

1. First, take a look at our brochure which can be found in our kiosks (see photo) or our website to learn about the different activities you can do during your visit. Feel free to take one, mark on it, and take it home with you. Open up the brochure to see a map, which will tell you all the different areas you can explore and where they are located in the preserve.
2. When you've decided which areas you want to visit, use the location cards in the print-out to create your own tour checklist.
3. Also included in this toolkit are communication cards. Feel free to show them to who you arrived with to let them know when you need to take a break, sit down, use the restroom, etc.
4. Staff are not always present at the preserve, but if you see someone in a Wake County Uniform, you can use the communication cards with them as well. Or, feel free to ask them for suggestions for activities, quieter places in the park to explore, etc.
5. Then, start your tour! When you have completed a stop on your tour, check it off in the "All Done" column.

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Sensory tips:

Noisy places

- The main kayak launch to the left of the shelter can get very busy and loud during popular times. Quieter times are generally later in the afternoon. During peak season, park hours are 8 a.m.– Sunset, Monday - Sunday, and during off season, park hours are 8 a.m.– Sunset, Saturday and Sundays.
- Feel free to bring noise cancelling headphones and use the ADA accessible kayak launch to the right of the shelter for a quieter entrance to the millpond.

Quiet places

- The mill site offers a serene, historic view and opportunity to see turtles basking.
- Our shelter is the perfect spot to take a break in the shade, drink some water, and have a snack.

Activity suggestions

- Kayak the millpond and listen birds species, like Great Blue Herons, Prothonotary Warblers, and Belted Kingfishers.
- Relax and go fishing at the boardwalk. Bring a fidget toy if you believe it would enhance your experience at the nature preserve.





Take a Walk on the Path



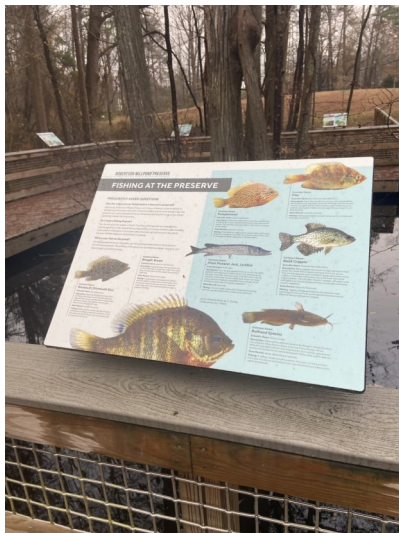
Find the Geocache near the Cabin



Kayak on the Millpond



View turtles basking



Learn about Wildlife at the Boardwalk



Learn about the Millpond's History



Robertson Millpond Shelter



Robertson Millpond Kiosk



The Boardwalk



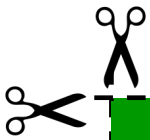
ADA Kayak Launch



The Old Mill Site



The Mill Stone



I need a
restroom



I need help



I would like
a drink of
water



I am ready
to go home



I need a
quiet space



I would like
to sit down

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Tour Checklist

This is what I will see or do:
(attach picture cards or write steps)

All done



My Park Pack

Tour Checklist

This is what I will see or do:
(attach picture cards or write steps)

All done



My Robertson Millpond Pack

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This is what I will see or do:
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Robertson Millpond Preserve

6333 Robertson Pond Road, Wendell, NC 27591

Telephone: 919-604-9326

Email: naturepreserve@wakegov.com

Website: wakegov.com/parks/robertsonmillpond

Robertson Millpond Preserve welcomes comments and suggestions about how we might continue to improve our accessibility. Please call, email, or write to us.

This resource was created with help from Access Coordination at The Metropolitan Museum of Art and the Autism Society of North Carolina

